

## FOR IMMEDIATE RELEASE

**January 5, 2016** 

## Navajo Walking Trails Press Conference To Be Held

WINDOW ROCK, AZ. – The public is invited to attend a press conference regarding new walking trails in the capital of the Navajo Nation. The press conference will be held on Friday, January 8, 2015 beginning at 3 p.m. at the Navajo Nation Museum in Window Rock, Arizona.

Navajo Nation Vice President Jonathan Nez will make a brief presentation on the importance of healthy living and how everyone must work together to develop new venues for the Navajo people and visitors who enjoy outdoor recreation.

Navajo Nation Parks and Recreation Department Manager Martin L. Begaye, stated, "We are exploring new avenues for the Navajo people and travelers to visit and experience our tribal parks. We want everyone to know that we are listening to them so that is why we will be establishing new walking trails in our tribal parks. It is hoped this will create renewed interest to visit our parks."

For more information, please contact the Navajo Nation Parks and Recreation Department at (928) 871-7057 or 6647.